

Personalised
care packages.
**For every senior,
for each need.**

Athulya
Geriatric Care
— Hospitals —



Wellness Health Check Up

— At —
₹999



Advanced Lab Tests

- Complete Blood Count
- Random Blood Sugar
- HBA1C
- SGOT / SGPT
- Lipid Profile
- Serum Creatinine
- Urine Routine
- ECG



Specialist Consultations

- General Physician
- Diet Counselling
- Physiotherapist

Executive Health Check Up

— At —
₹1,999



Advanced Lab Tests

- Haemogram
(Cbc + Peripheral Smear, Esr)
- Fasting Blood Sugars
- Post Prandial Blood Glucose
- HbA1c
- Urine Routine
- Renal Function Test
with Electrolytes
- Liver Function Test
- Lipid Profile
- T3/ T4/ TSH
- Pap Smear (Females)



Imaging

- USG – Whole Abdomen
- Chest X RAY PA View



Cardiac Evaluation

- ECG
- 2D ECHO



Specialist Consultations

- General Physician
- Dentist
- Dietician Counselling
- Ophthalmologist

Diabetic Health Check Up

— At —
₹1,999



Advanced Lab Tests

- Haemogram
(CBC + PERIPHERAL SMEAR, ESR)
- Fasting Blood Sugars
- Post Prandial Blood Glucose
- HbA1c
- Fasting Insulin Levels
- Urine Routine
- Urine For Spot Protein
Creatinine Ratio (PCR Ratio)
- Urine For Microalbuminuria
- Renal Function Test
with Electrolytes
- Liver Function Test
- Lipid Profile
- Vitamin B12, Vitamin D



Imaging

- USG – Whole Abdomen
- Chest X-RAY PA View
- Retinopathy Screening



Cardiac Evaluation

- ECG
- 2D ECHO



Specialist Consultations

- Diabetologist Consultation
- Dentist
- Ophthalmologist
- Dietician Counselling

Athulya Ortho Care Package

— At —
₹4,999



Lab Investigations

- Complete Blood Count
- ESR
- Calcium Levels
- Vitamin D
- Rheumatoid Factor (RA)
- Uric Acid
- Vit B12



Ortho Evaluation

- Joint Range of Motion Assessment
- Pain & Functional Scoring



Imaging

- X-Ray – Spine / Knee /
Joint (as required)
- Bone Mineral Density (DEXA)



Functional Assessment

- Mobility Assessment
- Gait & Balance Analysis
- Fall Risk Assessment
- Muscle Charting
- BMI



Consultations

- Orthopaedician
- Physiotherapist
- Dietician Counselling

Ortho
Special
Package

— At —
₹4,999

Athulya Cognitive Health Package



Lab Investigations

- Vitamin B12
- Thyroid Profile
- Random Sugar
- CBC



Mental Health Screening

- Depression Screening
- Anxiety Assessment



Cognitive Assessment

- Memory Testing
- Mini Mental State Examination (MMSE)
- Cognitive Function Scales



Advanced Screening (Super Tier)

- Dementia Risk Profiling
- Neuropsychological Evaluation



Functional Evaluation

- Daily Living Activity Assessment (ADL)
- Behavioral Assessment



Consultations

- Geriatrician
- Psychologist / Psychiatrist
- Neurologist

Special
Cognitive
Health
Package

Athulya Master Health Checkup Package (Male)

— At —
₹5,999



Lab Investigations

- Complete Blood Count (CBC)
- ESR
- Fasting Blood Sugar / Post Prandial
- HbA1c
- Lipid Profile
- Liver Function Test
- Renal Function Test
- Thyroid Profile (TSH)
- Serum Electrolytes
- Urine Routine



Cardiac Evaluation

- ECG
- 2D Echo
- Blood Pressure Assessment



Imaging

- Ultrasound – Whole Abdomen
- Chest X-Ray



Male Specific Tests

- PSA (Prostate Specific Antigen)
- Uroflowmetry



Geriatric Assessments

- Comprehensive Geriatric Assessment
- Physiotherapy Assessment
- Fall Risk Assessment
- Nutritional Assessment



Consultations

- Geriatrician Consultation
- Dietician Consultation
- Orthopaedic Consultation

Athulya Master Health Checkup Package (Female)

— At —
₹5,999



Lab Investigations

- Complete Blood Count (CBC)
- ESR
- Fasting Blood Sugar / Post Prandial
- HbA1c
- Lipid Profile
- Liver Function Test
- Renal Function Test
- Thyroid Profile
- Serum Electrolytes
- Urine Routine



Cardiac Evaluation

- ECG
- 2D Echo
- Blood Pressure Assessment



Imaging

- Ultrasound – Whole Abdomen
- Chest X-Ray



Female Specific Tests

- Clinical Breast Exam
- Pap Smear



Geriatric Assessments

- Comprehensive Geriatric Assessment
- Physiotherapy Assessment
- Fall Risk Assessment
- Nutritional Assessment



Consultations

- Geriatrician Consultation
- Dietician Consultation
- Orthopaedic Consultation

Athulya Nephro Care Package

— At —
₹8,999



Lab Investigations

- Complete Blood Count
- Renal Function Test
- Serum Creatinine & Urea
- Electrolytes
- Urine Routine & Microscopy
- Urine Microalbumin
- Blood Sugar (Fasting / PP)



Imaging

- Ultrasound – Kidneys & Abdomen



Risk Assessment

- Blood Pressure Monitoring
- Fluid Balance & Edema Assessment



Advanced Screening (Super Tier)

- eGFR Calculation
- Serum Calcium & Phosphorus
- Parathyroid Hormone (optional advanced)



Specialist Consultations

- Nephrologist
- Dietician (Renal Diet)
- General Physician

**Nephro
Special
Package**

Athulya Comprehensive Health Check up Package (Male)

— At —
₹9,999



Advanced Lab Tests

- Complete Blood Count (CBC)
- ESR
- Fasting Blood Sugar / Post Prandial
- HbA1c
- Lipid Profile
- Liver Function Test
- Renal Function Test
- Thyroid Profile
- Vitamin D
- Vitamin B12
- Serum Electrolytes
- Urine Routine
- High Sensitivity CRP
- Calcium Levels



Cardiac Evaluation

- ECG
- 2D Echo



Male Specific Screening

- PSA (Prostate Specific Antigen)
- Uroflowmetry



Imaging

- Ultrasound – Whole Abdomen
- Chest X-Ray
- Carotid Doppler
- Bone Mineral Density (DEXA)



Advanced Geriatric Assessments

- Comprehensive Geriatric Assessment
- Cognitive Assessment
- Depression Screening
- Physiotherapy Assessment
- Fall Risk & Balance Assessment
- Nutrition Evaluation



Specialist Consultations

- Geriatrician
- Cardiologist
- Urologist
- Orthopaedician
- Dietician
- Physiotherapist
- Dental
- Ophthalmologist
- ENT
- Nephrologist

Athulya Comprehensive Health Check up Package (Female)

— At —
₹9,999



Advanced Lab Tests

- Complete Blood Count (CBC)
- ESR
- Fasting Blood Sugar / Post Prandial
- HbA1c
- Lipid Profile
- Liver Function Test
- Renal Function Test
- Thyroid Profile
- Vitamin D
- Vitamin B12
- Calcium
- Urine Routine
- High Sensitivity CRP
- Serum Electrolytes



Cardiac Evaluation

- ECG
- 2D Echo



Female Specific Screening

- Mammogram
- Pap Smear
- Gynaecological Screening



Imaging

- Ultrasound – Whole Abdomen
- Chest X-Ray
- Carotid Doppler
- Bone Mineral Density (DEXA)



Advanced Geriatric Assessments

- Comprehensive Geriatric Assessment
- Cognitive Assessment
- Depression Screening
- Physiotherapy Assessment
- Fall Risk & Balance Assessment
- Nutrition Evaluation



Specialist Consultations

- Geriatrician
- Cardiologist
- Urologist
- Orthopaedician
- Dietician
- Physiotherapist
- Dental
- Ophthal
- ENT
- Nephrologist

About Athulya

For over 10 years, Athulya Senior Care has created comfortable living spaces that understand seniors, and has pioneered numerous services including Assisted Living.

Today, we enter the healthcare space, bolstered by our knowledge, expertise and our larger vision for the senior citizen populace.



45,000+
seniors served



1,500+
beds



5 cities



10 years
and growing

Athulya
Geriatric Care
Hospitals

For appointments _____

+91 78715 25000

info@athulyageriatriccare.com
athulyageriatriccare.com

Athulya Geriatric Care Hospitals,

153, Arcot Rd, Valasaravakkam, Chennai - 600 087.

