

Personalised
care packages.
**For every senior,
for each need.**



Wellness Health Check Up

— At —
₹1,999



Advanced Lab Tests

- Complete Blood Count
- Fasting Blood Sugars
- HBA1C
- SGOT / SGPT
- Lipid Profile
- Serum Creatinine
- Urine Routine
- ECG



Specialist Consultations

- General Physician

Executive Health Check Up

— At —
₹1,999



Advanced Lab Tests

- Haemogram
(Cbc + Peripheral Smear, Esr)
- Fasting Blood Glucose
- Post Pandial Blood Glucose
- Hbalc
- Urine Routine
- Renal Function Test
with Electrolytes
- Liver Function Test
- Lipid Profile
- Tsh, Ft4
- Pap Smear For Females



Imaging

- USG – WHOLE ABDOMEN
- CHEST X RAY PA VIEW



Cardiac Evaluation

- ECG
- 2 ECHO



Specialist Consultations

- General Physician
- Opthal
- Dental
- Gynaecology (For Females)
- Dietician Counselling
- Breakfast

Comprehensive Health Check Up

— At —
₹1,999



Advanced Lab Tests

- Haemogram
(Cbc + Peripheral Smear, Esr)
- Fasting Blood Glucose
- Post Prandial Blood Glucose
- Hb1c
- Urine Routine
- Stool Routine
- Blood Grouping And Typing
- Renal Function Test
with Electrolytes
- Uric Acid
- Liver Function Test
- Lipid Profile
- Tsh, Ft4
- Vitamin D, Vitamin B12,
Serum Calcium
- Pulmonary Function Test
- Pap Smear For Females
- Serum Psa For Males



Imaging

- USG – Whole Abdomen
- Chest X Ray Pa View



Cardiac Evaluation

- ECG
- 2 ECHO



Specialist Consultations

- General Physician
- ENT
- Gynaecology (For Females)
- Dental
- Opthal
- Ortho
- Cardiac
- Dietician Counselling
- Breakfast

Diabetic Health Check Up

— At —
₹1,999



Advanced Lab Tests

- Haemogram
(Cbc + Peripheral Smear, Esr)
- Fasting Blood Glucose
- Post Prandial Blood Glucose
- HbA1c
- Fasting Insulin Levels
- Urine Routine
- Urine For Spot Protein
Creatinine Ratio (Pcr Ratio)
- Urine For Microalbuminuria
- Renal Function Test
with Electrolytes
- Liver Function Test
- Lipid Profile
- Vitamin B12, Vitamin D



Imaging

- USG – Whole Abdomen
- Chest X Ray Pa View



Cardiac Evaluation

- ECG • 2 ECHO
- Retinopathy Screening
(If Ophthalmologist Available)



Specialist Consultations

- General Physician
- Dental
- Ophthal
- Dietician Counselling
- Breakfast

Cardiac Health Check Up

— At —
₹1,999



Advanced Lab Tests

- Haemogram
(Cbc + Peripheral Smear, Esr)
- Fasting Blood Glucose
- Post Prandial Blood Glucose
- HbA1c
- Urine Routine
- Hs Crp
- Serum Homocysteine Levels
- Renal Function Test
with Electrolytes
- Liver Function Test
- Lipid Profile
- Tsh, Ft4



Imaging

- USG – Whole Abdomen
- Chest X Ray Pa View



Cardiac Evaluation

- ECG
- 2 ECHO
- TMT



Specialist Consultations

- General Physician
- Cardiologist Consult
- Dietician Counselling
- Breakfast

Athulya Ortho Care Package

— At —
₹4,999



Lab Investigations

- Complete Blood Count
- ESR
- Calcium Levels
- Vitamin D
- Rheumatoid Factor (RA)
- Uric Acid



Ortho Evaluation

- Joint Range of Motion Assessment
- Pain & Functional Scoring



Imaging

- X-Ray – Spine / Knee / Joint (as required)
- Bone Mineral Density (DEXA)



Functional Assessment

- Mobility Assessment
- Gait & Balance Analysis
- Fall Risk Assessment



Consultations

- Orthopaedician
- Physiotherapist
- Dietician

Ortho
Special
Package

Athulya Cognitive Health Package

— At —
₹4,999



Lab Investigations

- Vitamin B12
- Thyroid Profile
- Blood Sugar
- CBC



Mental Health Screening

- Depression Screening
- Anxiety Assessment



Cognitive Assessment

- Memory Testing
- Mini Mental State Examination (MMSE)
- Cognitive Function Scales



Advanced Screening (Super Tier)

- Dementia Risk Profiling
- Neuropsychological Evaluation



Functional Evaluation

- Daily Living Activity Assessment (ADL)
- Behavioral Assessment



Consultations

- Geriatrician
- Psychologist / Psychiatrist
- Neurologist

Special
Cognitive
Health
Package

Athulya Master Health Checkup Package (Male)

— At —
₹5,999



Lab Investigations

- Complete Blood Count (CBC)
- ESR
- Fasting Blood Sugar / Post Prandial
- HbA1c
- Lipid Profile
- Liver Function Test
- Renal Function Test
- Thyroid Profile (TSH)
- Serum Electrolytes
- Urine Routine



Cardiac Evaluation

- ECG
- 2D Echo
- Blood Pressure Assessment



Imaging

- Ultrasound – Whole Abdomen
- Chest X-Ray



Male Specific Tests

- PSA (Prostate Specific Antigen)
- Uroflowmetry



Geriatric Assessments

- Comprehensive Geriatric Assessment
- Physiotherapy Assessment
- Fall Risk Assessment
- Nutritional Assessment



Consultations

- Geriatrician Consultation
- Dietician Consultation

Athulya Master Health Checkup Package (Female)

— At —
₹5,999



Lab Investigations

- Complete Blood Count (CBC)
- ESR
- Fasting Blood Sugar / Post Prandial
- HbA1c
- Lipid Profile
- Liver Function Test
- Renal Function Test
- Thyroid Profile (TSH)
- Serum Electrolytes
- Urine Routine



Cardiac Evaluation

- ECG
- 2D Echo
- Blood Pressure Assessment



Imaging

- Ultrasound – Whole Abdomen
- Chest X-Ray



Female Specific Tests

- Clinical Breast Exam
- Pap Smear



Geriatric Assessments

- Comprehensive Geriatric Assessment
- Physiotherapy Assessment
- Fall Risk Assessment
- Nutritional Assessment



Consultations

- Geriatrician Consultation
- Dietician Consultation

Athulya Nephro Care Package

— At —
₹8,999



Lab Investigations

- Complete Blood Count
- Renal Function Test
- Serum Creatinine & Urea
- Electrolytes
- Urine Routine & Microscopy
- Urine Microalbumin
- Blood Sugar (Fasting / PP)



Imaging

- Ultrasound – Kidneys & Abdomen



Risk Assessment

- Blood Pressure Monitoring
- Fluid Balance & Edema Assessment



Advanced Screening (Super Tier)

- eGFR Calculation
- Serum Calcium & Phosphorus
- Parathyroid Hormone (optional advanced)



Consultations

- Nephrologist
- Dietician (Renal Diet)
- General Physician

**Nephro
Special
Package**

Athulya Cardiac Care Package

— At —
₹8,999



Lab Investigations

- Lipid Profile
- HbA1c
- High Sensitivity CRP
- Blood Sugar (Fasting / PP)
- Kidney Function Test



Cardiac Evaluation

- ECG
- 2D Echo
- Treadmill Test (TMT)



Imaging

- Chest X-Ray
- Carotid Doppler



Risk Assessment

- Blood Pressure Monitoring
- BMI & Lifestyle Risk Evaluation



Consultations

- Cardiologist
- Dietician
- Physiotherapist
(Cardiac Rehab Advice)

Cardiac
Special
Package

Athulya Comprehensive Health Check up Package (Male)

— At —
₹9,999



Advanced Lab Tests

- Complete Blood Count
- ESR
- Fasting Blood Sugar / Post Prandial
- HbA1c
- Lipid Profile
- Liver Function Test
- Renal Function Test
- Thyroid Profile
- Vitamin D
- Vitamin B12
- Serum Electrolytes
- Urine Routine
- High Sensitivity CRP
- Calcium Levels



Cardiac Evaluation

- ECG
- 2D Echo
- Treadmill Test (TMT)



Male Specific Screening

- PSA (Prostate Specific Antigen)
- Uroflowmetry



Imaging

- Ultrasound – Whole Abdomen
- Chest X-Ray
- Carotid Doppler
- Bone Mineral Density (DEXA)



Advanced Geriatric Assessments

- Comprehensive Geriatric Assessment
- Cognitive Assessment
- Depression Screening
- Physiotherapy Assessment
- Fall Risk & Balance Assessment
- Nutrition Evaluation



Specialist Consultations

- Geriatrician
- Cardiologist
- Urologist
- Orthopaedician
- Dietician
- Physiotherapist
- Dental
- Ophthal
- ENT
- Nephrology

Athulya Comprehensive Health Check up Package (Female)

— At —
₹9,999



Advanced Lab Tests

- Complete Blood Count
- ESR
- Fasting Blood Sugar / Post Prandial
- HbA1c
- Lipid Profile
- Liver Function Test
- Renal Function Test
- Thyroid Profile
- Vitamin D
- Vitamin B12
- Calcium
- Urine Routine
- hs-CRP
- Serum Electrolytes



Cardiac Evaluation

- ECG
- 2D Echo
- Treadmill Test (TMT)



Female Specific Screening

- Mammogram
- Pap Smear
- Gynecological Screening



Imaging

- Ultrasound – Whole Abdomen
- Chest X-Ray
- Carotid Doppler
- Bone Mineral Density (DEXA)



Advanced Geriatric Assessments

- Comprehensive Geriatric Assessment
- Cognitive Assessment
- Depression Screening
- Physiotherapy Assessment
- Fall Risk & Balance Assessment
- Nutrition Evaluation



Specialist Consultations

- Geriatrician
- Cardiologist
- Urologist
- Orthopaedician
- Dietician
- Physiotherapist
- Dental
- Ophthal
- ENT
- Nephrology

Specialities Offered

- Anaesthesiology
- Cardiology
- Critical Care Medicine
- Dental
- Dermatology
- Emergency Medicine
- ENT
- Gastroenterology – Medical & Surgical
- General Medicine & Diabetology
- General Surgery
- Geriatrics
- Imaging & Radiology Services
- Laboratory Services
- Nephrology & Dialysis
- Neurology
- Oncology – Medical & Surgical
- Ophthalmology
- Orthopaedics – Medical & Surgical
- Physiotherapy & Rehab
- Preventive Health Checks
- Psychiatry
- Pulmonology
- Urology

Athulya
Geriatric Care
Hospitals

For appointments _____

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